



BAY AREA MEALS ON WHEELS

- Bay Area Meals on Wheels (BAMOW) delivers over 16,000 hot meals and 4,500 lunches each year to an average of 62 clients each day, Monday through Friday. In over 30 years of service, nearly 400,000 meals have been delivered to those who are homebound and cannot obtain a hot meal on a daily basis.
- BAMOW is an all-volunteer organization with about 180 drivers. They provide their own transportation and fuel expenses. These drivers are often the only people to regularly check on the relative health and safety of clients.
- Our service area is roughly the area comprising the Clear Creek ISD in South Harris and North Galveston counties.
- Meals are purchased from and prepared by Christus St. John Hospital in Nassau Bay. Established nutritional guidelines are closely followed. Some restricted dietary requirements can be accommodated, such as lactose intolerance or diabetic restrictions.
- Ability to pay for meals is not a condition of service. BAMOW relies on contributions from the local community to subsidize the cost of meals. We neither request nor receive funding from United Way or Interfaith Ministries. BAMOW is proud that 98% of donations go directly to feeding our clients.
- Bay Area Meals on Wheels was chartered in 1982 under the Texas Non-Profit Corporation Act and has an approved 501(c) status under IRS regulations.

Rebecca Johnston
President,
Board of Directors

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